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## Integrated Clinical Practice Chiropractic Residency Graduate Biographies

### Kendal Hoard, DC (Kehn-dull Hohrd), Class of 2023

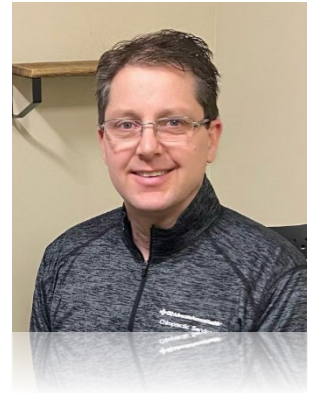
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- Hometown: Milwaukee, WI
- Undergraduate Degree: Biological Science, University of Wisconsin-Milwaukee
- Chiropractic Program: National College of Chiropractic

I am honored to be a graduate of the first cohort of the Integrated Clinical Practice Chiropractic Residency. I enjoy treating patients anywhere from athletes and the elderly population. I have a chiropractic specialty in sports medicine and have volunteered for the AVP professional volleyball beach tour. I utilize different techniques in my practice including flexion distraction and extremity adjusting.

I enjoy spending time with my wife and children and golfing.

**Current Position: Full-time Aurora Health Care Chiropractor**



### Braden Sims, DC (Bray-den Sims), Class of 2023

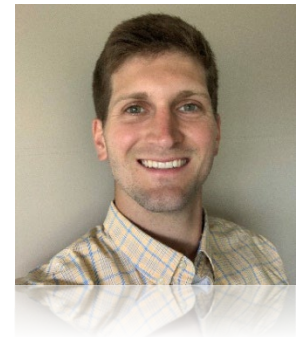
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- Hometown: Newburgh, IN
- Undergraduate Degree: Kinesiology, Indiana University - Bloomington
- Chiropractic Program: University of Western States

I was raised being active outdoors, biking, running, and playing sport, which continued well on into my teenage and adult life. My passion for sport and physical activity, alongside my desire to pursue a career in servitude, led me to the chiropractic profession. My decision to choose the University of Western States was influenced by their reputation for evidence-informed education and the beauty and adventure of the Pacific Northwest. During my clinical training at the Veterans Affairs in Fort Meade, South Dakota, I became passionate about interdisciplinary care. The Aurora Integrated Clinical Practice Chiropractic Residency Program provided an opportunity to advance my clinical knowledge and acumen while completing interdisciplinary rotations and scholarly activities in a collaborative healthcare setting. It was an invaluable experience for which I am grateful! I continue to see patients at the Aurora Health - West Bend North clinic location. My primary focus as a clinician is improving functionality and quality of life for people with musculoskeletal pain and injury. Additionally, I strive to be an advocate for continued progress in chiropractic education and opportunity for chiropractic graduates.

In my free time, I enjoy being physically active, exploring new places and restaurants, meeting new people, and discovering the many challenges of chess.

**Current Position: Full-time Aurora Health Care Chiropractor**

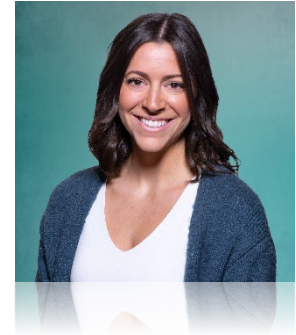


## Gina Budjak, DC (Jee-nuh Boo-jak), Class of 2024

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- Hometown: Eldridge, IA
- Undergraduate Degree: Movement and Exercise Science, University of Northern Iowa
- Chiropractic Program: Palmer College of Chiropractic

I have always had a passion for movement science, biomechanics, and anything related to athletics. I initially decided to become a chiropractor to work in the field of sports. While in graduate school, I did an 8-month clerkship at the VA in Des Moines, IA. Through this experience, I learned the importance of integrated health care and realized my passion for wanting to work in an integrated system. I feel very fortunate for the opportunity to work at Advocate Health Care as a chiropractic resident and love the challenge of treating patients with a variety of conditions.



Raised in a family with 7 brothers, I enjoy any type of competitive activity. Some of my favorites include ping-pong, Catan, and N64 videogames. I enjoy running, playing basketball, reading, and watching movies. I'm always open to a book or movie suggestion!

**Current Position: Full-time Aurora Health Care Chiropractor**

## Jessy Glaub, DC (Jeh-See Guh-lob), Class of 2024

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- Hometown: Bloomington, IL
- Undergraduate Degree: Exercise Science, Southern Illinois University - Edwardsville
- Chiropractic Program: National University of Health Sciences

Prior to joining the Integrated Clinical Practice Chiropractic Residency program, I was in private practice for two years. During this time, I was able to gain a lot of insights into what it means to provide evidence-based, patient-centered care. Many of these insights kept bringing me back to acknowledging the massive benefit that an integrated multi-disciplinary approach to care offers. That benefit is primarily the ability of multiple providers from varying specialties and backgrounds to collaborate as part of the patient's healthcare team. I am excited to join Aurora Health Care as they are committed to improving patient care with this multi-disciplinary approach.



Outside of patient care, I have developed an addiction to golf and attempt to get out on the course at least 1-2 times a week. Golf is a relatively new hobby for me as I was originally a runner and even ran track at the NCAA D1 level, but I don't do too much running anymore, thanks to getting hooked on golf. However, I still do a lot of powerlifting, which carried over from my track days. So, if I'm not swinging a club, you can find me with some heavy weight on my back.

**Current Position: Full-time Aurora Health Care Chiropractor**