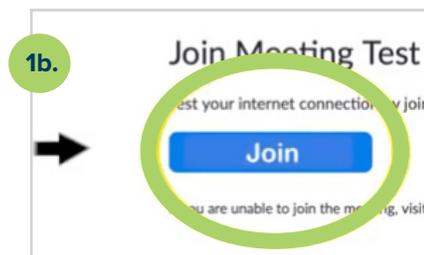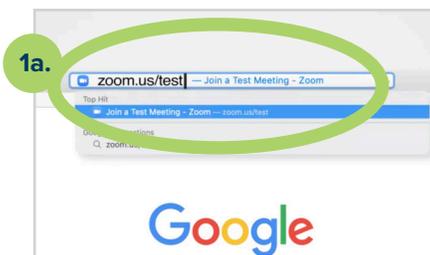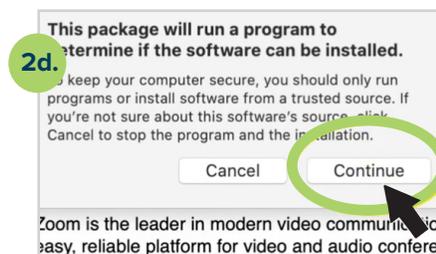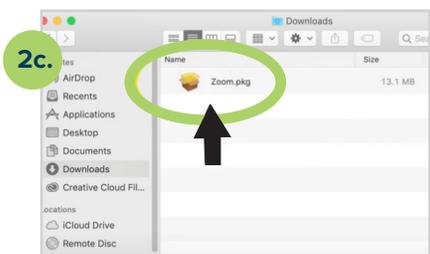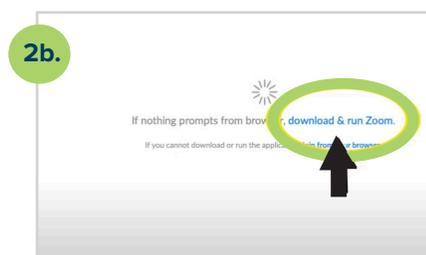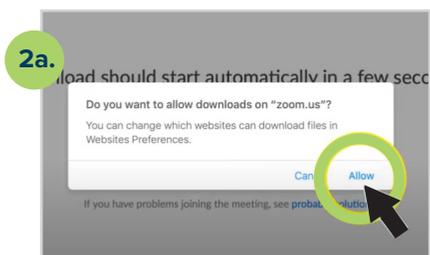# DO VIRTUALLY ANYTHING FOR YOUR HEALTH

LiveWell

How to install Zoom on your Mac desktop computer

To take part in a video visit with an Advocate Aurora provider, follow these simple instructions to install the Zoom app. It takes only a few minutes and you only need to do it once.
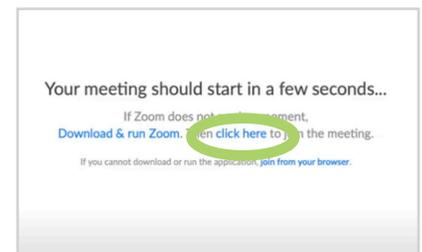
1 Open your web browser:
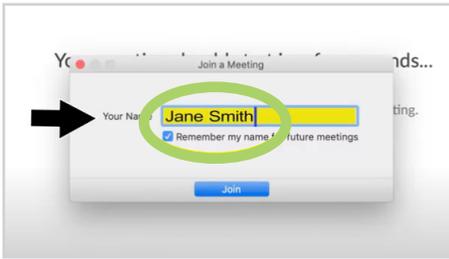   **a.** Go to **zoom.us/test**
   b. Click **Join.**

2 Download the Zoom app:
   a. Click **Allow.**
   b. Click **download & run Zoom.**
   c. Go to your Downloads folder and click on the **Zoom.pkg file.**
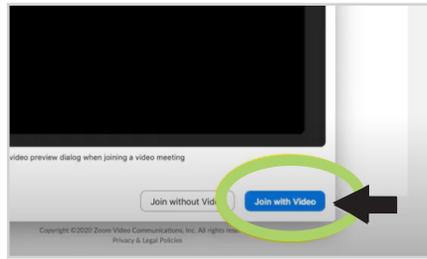   **d.** When the Install Zoom window opens, click **Continue.**

3 Go back to your web browser and select **click here** to join the meeting.

continued

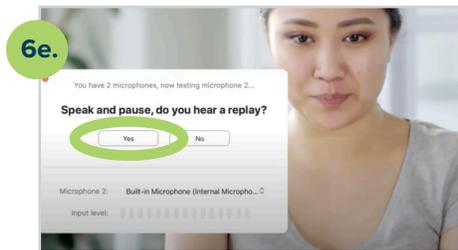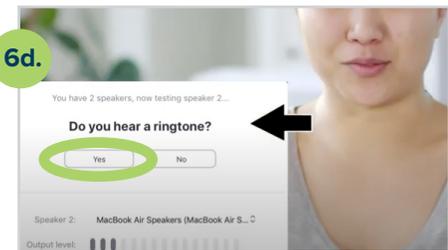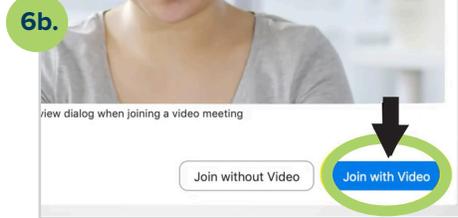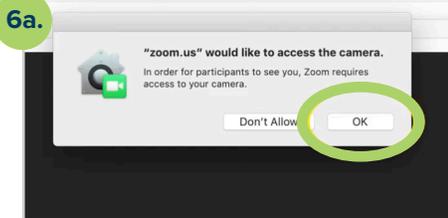**4** Type in the name you'd like to use during your video visit.

5 Click **Join with Video.**

6 Test your computer's video and audio:
 a. Click **OK** to allow Zoom to access your computer's camera.
 b. Click **Join with Video.** You should see yourself on the screen.
 c. Click **OK** to allow Zoom to access your microphone.
 d. Click **Yes** if you hear a ringtone. (If you don't, click **No** and Zoom will look for another speaker.)
 e. Say a few words out loud. Click **Yes** if you hear a replay. (If you don't, click **No** and Zoom will look for another microphone.)

Watch videos with all the instructions you need to get set up for a video visit:

- **For a Quick Care Video Visit:** aah.org/QuickCareInstructions
- **For a video visit with your primary care provider, specialist or care team:** aah.org/VideoVisitInstructions

Use your phone to scan the QR code to download our LiveWell app App Store Google Play

LiveWell Support Team: 855-624-9366

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