# Join our team

as a Hospital Elder Life Program Volunteer



### **ABOUT THE PROGRAM**

The Hospital Elder Life Program (HELP) is an evidence-based program dedicated to providing personalized care for seniors by maintaining an environment that supports and encourages independence. HELP is one of the only volunteer programs that allows you to have direct, hands-on interactions with patients, network in a hospital setting and gain an understanding of how hospital staff interacts with hospitalized patients. HELP volunteers provide mental stimulation and physical mobility to promote overall health and well-being. This includes daily visits, recreational activities, mealtime assistance and early mobilization

#### WHAT IS EXPECTED?

We hold HELP training sessions that include videos, classroom discussion, case scenarios and hands-on demonstration. Due to this extensive training, we ask that you are willing to devote one 3-hour shift a week for a 6-month period.

## WHO ARE WE LOOKING FOR?

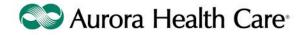
We are looking for dedicated individuals who enjoy working with older adults, who are very outgoing and self-starters. Perfect for students who want to go into the medical or health care field and anyone who wants to impact the care of hospitalized older adults.

## **AURORA HELP LOCATIONS**

Aurora St. Luke's Medical Center Aurora Sinai Medical Center Aurora Medical Center Grafton Be a part of something amazing!

To apply please visit aurora.org/volunteer

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We are AdvocateAuroraHealth