

# Veteran Mind, Body, Spirit



## Open to All who have Served

Did you serve in the armed forces? One month, one year, one decade, one lifetime? If yes, you are welcome at Advocate Aurora's new Veteran Group for alternative healing. Come discover a private, safe, and free group dedicated to the exploration of different ways to approach healing. You'll find support from your military brothers and sisters as you learn about different ways to heal such as:

- Equine / animal supported therapy
- Energy work
- Aroma therapy
- Poetry / song-writing
- Chiropractic / acupuncture care

This group is intended for former and current service members only. No affiliation with Advocate Aurora Health Care required.

**Every Wednesday**  
**1730 – 1830**

-The Lighthouse-  
In the Veteran Lounge  
at

Aurora Psychiatric Hospital  
1220 Dewey Ave  
Wauwatosa, WI 53213

Facilitated By:

Jon Christensen, MSed, MSed Psych, LPC, CSAC  
[Jonvietvet@yahoo.com](mailto:Jonvietvet@yahoo.com)  
(414) 530-6575

For specific group questions, please contact Jon via text, phone call, or email.

For information about Advocate Aurora's Uniformed Services Retraining Program (USRP) visit

<http://www.aurora.org/vrp>