COMMUNITY + HEALTH + WELLNESS

Veteran Support Group



Open to All who have Served

Did you serve in the armed forces? One month, one year, one decade, one lifetime? If yes, you are welcome at Advocate Aurora's new Veteran Group. Come to a private, safe and free group to find support from your military brothers and sisters for issues common to service members such as:

- reintegrating into civilian world
- military identity
- sleep
- anger
- work conflict
- family problems

This group is intended for former and current service members only. No family or friends allowed in meeting. No affiliation with Advocate Aurora Health Care required. Mondays 1300-1400 and Thursdays 1730-1830

- Virtually on Zoom at

Online: <u>https://zoom.us/j/92929598413</u> or Telephone: (312) 626-6799

> Meeting ID: 929 2959 8413 Password: 11101775

For information about Advocate Aurora's Veterans Retraining Program (VRP) visit

http://www.aurora.org/vrp



aurora.org